

Age Group Results

Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erica Sitkoff	Chicago IL	30	343	23	2:10:27	8:42/M

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sean O'Conner	Rockford IL	22	206	1	1:36:43	6:27/M

Age Group Results

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Holly Eaton	Urbana IL	19	227	95	2:49:48	11:19/M

## Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tim Hunckler	Oswego IL	20	79	106	2:56:28	11:46/M

## Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jennifer Monroe	Chicago IL	29	350	82	2:40:57	10:44/M

## Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jason Voccia	Aurora IL	27	95	54	2:27:54	9:52/M

## Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Christina Powell	Rochelle IL	33	347	38	2:19:22	9:17/M
2 *	Kristen Wade	Plano IL	30	77	75	2:38:37	10:34/M
3 *	Meghan Garvin	Cary IL	30	7	105	2:55:59	11:44/M
4	Erika Armstrong	Fox Lake IL	30	398	117	3:08:49	12:35/M

## Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nick Marienthal	Rockford IL	30	357	16	2:04:31	8:18/M
2 *	Joe Anderson	Rochelle IL	31	226	33	2:17:03	9:08/M
3 *	Jason Grootens	Geneva IL	34	378	45	2:22:19	9:29/M
4	Nick Foote	Belvidere IL	32	211	80	2:39:50	10:39/M
5	Jerod Walker	Beloit WIS	33	336	98	2:50:13	11:21/M

Age Group Results

## Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tonya Thayer	Loves Park IL	37	341	51	2:24:32	9:38/M
2 *	Sarah Leimer	Stoughton WI	36	360	58	2:29:31	9:58/M
3 *	Jill Alstott	Chicago IL	39	399	72	2:35:37	10:22/M
4	Lena Verkulien	Loves Park IL	35	337	139	5:06:58	20:28/M

## Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jason Elliot	Champaign IL	36	75	15	2:03:35	8:14/M
2 *	C J Hitz	Findlay OH	36	203	21	2:08:20	8:33/M
3 *	Brian Pfister	Wilmette IL	37	82	22	2:10:19	8:41/M
4	Brian McKinney	Woodland CA	38	355	26	2:12:56	8:52/M
5	Chuck White	Loves Park IL	37	90	28	2:13:27	8:54/M
6	Jeremy Bolt	Ballwin MO	39	9	32	2:16:47	9:07/M
7	Stephen Nitz	Rockford IL	39	348	37	2:18:43	9:15/M
8	Patrick Finerty	Chicago IL	39	380	46	2:22:37	9:30/M
9	Scott Rollinson	Roscoe IL	38	60	53	2:26:52	9:47/M
10	Dave Starr	Loves Park IL	37	97	59	2:30:03	10:00/M
11	Allen Wade	Plano IL	38	78	76	2:38:42	10:35/M
12	Jared Zammuto	Caledonia IL	39	332	90	2:47:06	11:08/M
13	Rick Lindquist	Aurora IL	36	359	91	2:47:16	11:09/M

## Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lisa Menninger	La Grange IL	44	93	47	2:22:39	9:31/M
2 *	Alida Degner	Belvidere IL	42	96	56	2:28:42	9:55/M
3 *	Michelle Koch	Rockford IL	40	368	63	2:31:49	10:07/M
4	Carol Bingley	Rockford IL	42	395	70	2:35:13	10:21/M
5	Jake Vernon	Knoxville IA	41	85	71	2:35:36	10:22/M
6	Sarah Buob	Rockford IL	41	391	87	2:44:05	10:56/M
7	Carolyn Hawkes	Belvidere IL	41	234	93	2:48:11	11:13/M
8	Kimberly A Johnson	Loves Park IL	40	371	99	2:51:06	11:24/M
9	Terri Cascarano	Mundelein IL	43	228	119	3:10:12	12:41/M
10	Lori Fry	Poplar Grove IL	42	205	121	3:11:29	12:46/M
11	Michele Hartwig	Crystal Lake IL	42	92	133	3:36:08	14:25/M

# Rock Cut Hobo Trail Rendezvous 25K Trail Run

Race Date

Age Group Results

September 19, 2009

## Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	John Collet	Verona IL	42	1	2	1:51:42	7:27/M
2 *	Matthew Condron	Libertyville IL	43	73	7	1:59:40	7:59/M
3 *	Ray Fertitta	Caledonia IL	43	381	11	2:01:37	8:06/M
4	Stacy Kruger	Cherry Valley IL	40	212	13	2:02:45	8:11/M
5	David Krueger	Janesville WIS	40	366	19	2:06:18	8:25/M
6	Greg Kazmerski	Loves Park IL	44	369	29	2:13:29	8:54/M
7	Robert Keim	Rockford IL	40	303	40	2:19:51	9:19/M
8	Kirk Wescom	MacHesney Park IL	43	335	41	2:20:05	9:20/M
9	Chris Bennett	MacHesney Park IL	42	302	43	2:21:29	9:26/M
10	Todd McMillion	Dixon IL	44	237	44	2:21:51	9:27/M
11	Brian Bezndt	Crystal Lake IL	40	239	57	2:28:56	9:56/M
12	Keith Aurand	Dixon IL	44	397	60	2:30:16	10:01/M
13	Jim Bohlig	Sycamore IL	41	393	67	2:33:21	10:13/M
14	Steve Kerkove	Sycamore IL	44	236	68	2:33:22	10:13/M
15	Shawn Bradley	Rockford IL	44	210	79	2:39:02	10:36/M
16	David Jordan	Kenosha WI	44	370	97	2:49:53	11:20/M
17	Dan Fossier	Decatur IL	41	89	101	2:51:56	11:28/M
18	Jason Bronowski	Rockford IL	40	392	110	2:58:00	11:52/M
19	Michael Howard	Racine WIS	44	375	125	3:18:23	13:14/M

## Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Willie Labonne	Pleasant Prairie WI	46	364	35	2:17:51	9:11/M
2 *	Harumi Sheedy	Rockford IL	45	219	65	2:32:52	10:11/M
3 *	Carla Stoner	West Des Moines IA	47	342	84	2:41:47	10:47/M
4	Joyce Kortze	Rockford IL	49	80	85	2:42:33	10:50/M
5	Judy Simplot	Beloit WI	48	231	109	2:57:42	11:51/M
6	Robin Gialanella	Arlington Heights IL	45	215	113	3:02:42	12:11/M
7	Sheri Nichols	Rockford IL	47	349	114	3:04:57	12:20/M
8	Varsha Kulkarni	Grayslake IL	45	83	130	3:34:58	14:20/M
9	Evelyn Smith	Rockford IL	49	81	136	3:52:11	15:29/M

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeff Winternheimer	Rockford IL	45	334	3	1:53:42	7:35/M
2 *	Jim Berkelman	Madison WI	46	396	4	1:57:03	7:48/M
3 *	Tom Lichty	Monroe Center IL	46	31	5	1:59:10	7:57/M
4	Michael Demeritt	West Chicago IL	48	84	6	1:59:40	7:59/M
5	Jerry Rumble	Rockford IL	46	201	9	2:00:55	8:04/M
6	Thomas Schmitt	Loves Park IL	45	2	14	2:03:13	8:13/M
7	Tim Coaty	Rockford IL	49	235	17	2:04:55	8:20/M

Age Group Results

## Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
8	Pat Reed	Woodstock IL	46	346	18	2:05:03	8:20/M
9	Dave Atterbury	Rockton IL	47	240	24	2:11:42	8:47/M
10	Mike Harner	Rockford IL	47	91	34	2:17:05	9:08/M
11	Scott McClain	West Chicago IL	45	356	36	2:18:32	9:14/M
12	James Simmons	Rockford IL	45	6	39	2:19:44	9:19/M
13	David Shorr	Geneva IL	47	220	49	2:22:45	9:31/M
14	John Hammetter	Elk Grove Village IL	49	377	55	2:28:24	9:54/M
15	Kenneth Husser	Carpentersville IL	46	373	73	2:36:25	10:26/M
16	Robert Pomykala	Winnebago IL	47	241	81	2:40:55	10:44/M
17	Phil Keating	Rockford IL	49	88	102	2:52:09	11:29/M
18	Bill Nothof	Rockford IL	45	218	118	3:09:13	12:37/M
19	Kevin Cox	Batavia IL	45	18	129	3:33:20	14:13/M
20	Terry Carlson	Rockford IL	49	69	131	3:34:59	14:20/M

## Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Regina Bielkus	Rockford IL	53	86	77	2:38:44	10:35/M
2 *	Lois Kuhn	Crystal Lake IL	53	365	78	2:39:00	10:36/M
3 *	Lisa Milie	Lake In The Hills IL	50	224	111	2:58:31	11:54/M
4	Laura Garvin	Cary IL	51	216	112	2:59:14	11:57/M
5	Jill Thomas	Beloit WIS	50	340	116	3:07:12	12:29/M
6	Julie Modaff	Lisle IL	54	352	126	3:19:53	13:20/M
7	Robin Shultz	Batavia IL	52	202	128	3:33:19	14:13/M
8	Veronica Ward	Elmhurst IL	53	208	134	3:36:25	14:26/M
9	Virginia Blessing	Rockford IL	52	301	138	5:06:54	20:28/M

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mark Fry	Poplar Grove IL	51	204	8	2:00:41	8:03/M
2 *	Ed Drebes	Champaign IL	52	386	10	2:01:06	8:04/M
3 *	Larry Crocker	Galesburg IL	54	230	20	2:06:49	8:27/M
4	Scott Arient	La Grange Park IL	51	238	25	2:12:11	8:49/M
5	Jim Gordon	Chicago IL	50	379	31	2:14:59	9:00/M
6	Bernard Burke	Poplar Grove IL	50	213	52	2:25:29	9:42/M
7	Tony Gianella	Arlington Heights IL	53	72	62	2:30:33	10:02/M
8	George Lee	Roscoe IL	50	361	64	2:32:52	10:11/M
9	Vince Miosi	Rockford IL	54	353	86	2:43:03	10:52/M
10	Randy Ulery	Rockford IL	52	94	89	2:45:18	11:01/M
11	Dorn Peddy	McHenry IL	51	87	92	2:47:45	11:11/M
12	Gary Trueblood	Belvidere IL	52	74	96	2:49:50	11:19/M
13	Alex Armato	Austin TX	52	8	104	2:55:23	11:42/M

Age Group Results

## Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
14	Kurt Spurgeon	Glen Ellyn IL	52	225	107	2:56:51	11:47/M
15	Ross Thomas	Beloit WIS	50	339	115	3:06:58	12:28/M

## Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Barb Cutrara	Hudsonville MI	56	388	74	2:36:25	10:26/M
2 *	Carol Wilson	Rockford IL	56	217	83	2:41:34	10:46/M
3 *	Maryellen Reedy	Lombard IL	58	232	120	3:10:50	12:43/M
4	Deb Schopp	Ballwin MO	56	345	132	3:35:17	14:21/M
5	Kathy Kuenster	Wheaton IL	59	233	135	3:44:57	15:00/M

## Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brad Born	Rockford IL	57	76	12	2:01:42	8:07/M
2 *	Steve Weinstock	Lake Forest IL	56	229	27	2:13:21	8:53/M
3 *	Jeff Miller	Rockford IL	57	354	42	2:20:55	9:24/M
4	Jerry Mueller	Rockford IL	58	209	48	2:22:40	9:31/M
5	Kevin Jacobs	MacHesney Park IL	55	372	66	2:33:10	10:13/M
6	Paul Ward	Elmhurst IL	58	207	94	2:49:31	11:18/M
7	Larry Lawrence	Mendota IL	55	362	103	2:53:04	11:32/M

## Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ruth Larson	Rockford IL	63	363	88	2:45:05	11:00/M
2 *	Jaon Gillette	Loves Park IL	60	221	123	3:17:35	13:10/M

## Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Richard Magin	Western Springs IL	62	223	30	2:13:34	8:54/M
2 *	Phillip Cutrara	Hudsonville MI	63	387	50	2:22:57	9:32/M
3 *	Ron Shada	Anamosa IA	62	344	69	2:33:48	10:15/M
4	Ed Clucas	Rockford IL	64	390	124	3:17:38	13:11/M

Age Group Results

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joyce Yarger	Belvidere IL	66	333	137	5:03:46	20:15/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tom Sefick	Spring Grove IL	65	222	61	2:30:25	10:02/M
2 *	Werner Tyczka	Glendale Heights IL	66	338	100	2:51:19	11:25/M
3 *	Ken Norwood	Rolling Meadows IL	69	71	108	2:57:08	11:49/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jim Dunkel	Rockford IL	72	383	127	3:23:30	13:34/M

Male 75 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	A. Cesare Manetti	Rockford IL	81	358	122	3:17:23	13:10/M